

PREP SCHEDULE

8.00	Wake up	Breakfast, shower
8.30	Morning walk	
9.00	Academic time	English
9.30	Brain break	See parent tip sheet
10.30	Academic time	Maths
11.00	Creative time	See parent tip sheet
11.30	Lunch	
12.15	Academic time	Specialist
1.30	Quiet time	Mindfulness – cosmic kids yoga etc
2.15	Academic time	Integrated studies
3.00	Chores/outside activities	
6.00	Dinner	
6.30	Free time	TV, board games
7.30	Bedtime	

Parent Tip Sheet.

English

Read two books to your child each day.

Complete some English activities each day focusing on one letter each week.

Practise letters, sounds, camera words and blending and segmenting in homework book.

Practise a different letter each day for handwriting.

Optional go onto Reading eggs and complete activities created for your child.

Maths

Complete maths activities in the bag.

Optional go onto Mathletics and complete activities created for your child.

Go on a number hunt whilst on your walk, reading the numbers on letter boxes, car number plates.

Play snakes and ladders.

Creative Time:

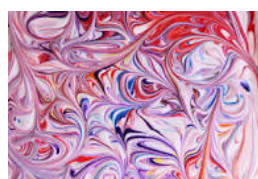
Drawing, colouring in,

marble run



cooking,

Shaving cream rainbow art -





Indoor/outdoor hopscotch – use chalk

Card board box creations – robots, cars, houses, computers, ipads, phones

Nature art – collect leaves, flowers, gum nuts

Necklaces – using any flowers etc

Collecting letters and numbers from magazines/newspapers to create posters, pictures, words

Use catalogues to create shopping lists with pictures

Useful websites for Preps

English	Maths
<p>Phonics: https://www.youtube.com/watch?v=jPVbJ-laHlw https://www.youtube.com/watch?v=aUVFIWXofeo</p> <p>Alphabet: https://www.youtube.com/watch?v=KY2MlhoCxIQ&t=1s</p> <p>Cued Articulation https://www.youtube.com/watch?v=YZPaS-3C5vQ</p> <p>Handwriting Practice https://drive.google.com/drive/folders/13_jpeD9qA4g2iM1M4EyOD7tHjqHGswft?mc_cid=475e43f509&mc_eid=12a73b6896</p> <p>Heart Word Posters</p>	<p>Days of the week https://www.youtube.com/watch?v=mXMofxtDPUQ</p> <p>Months of the year https://www.youtube.com/watch?v=Fe9bnYRzFvk</p> <p>Counting to 10 https://www.youtube.com/watch?v=85M1yxlcHpw https://www.youtube.com/watch?v=uGL7xYEVeaY</p> <p>Counting to 20 https://www.youtube.com/watch?v=_MVzXKfr6e8</p> <p>Subitise to 5 https://www.youtube.com/watch?v=PSIA-u_ABmU</p> <p>Subitise to 10</p>

https://drive.google.com/drive/folders/1NGhud2VFQhxNRIKNuy2b6Cn-QpB68PJq?mc_cid=475e43f509&mc_eid=12a73b6896

Author Study

Aaron Blabey

[Thelma the Unicorn](#)

[Pirhanas don't eat Bananas](#)

[Pig the Pug](#)

[I need a hug](#)

<https://www.youtube.com/watch?v=ib5Gf3GlzAg>

2D Shapes

<https://www.youtube.com/watch?v=svrkthG2950>

Brain Breaks/Mindfulness

Go Noodle (create a free account)

<https://app.gonoodle.com/>

Smiling Mind (create a free account)

<https://www.smilingmind.com.au/>

Cosmic Kids Yoga (Subscribe to Youtube Channel)

<https://www.youtube.com/user/CosmicKidsYoga>

Creativity

Directed Drawing

[Ice Cream Cone](#)

[Cupcakes](#)

[Popsicle](#)

[Great White Shark](#)

[Dinosaur](#)

[Fish](#)

[Cat](#)