



Who's in Charge? ONLINE

Is your child aged 8-18 years old?

Do you want support with your child's defiant or violent behaviour?

Would you benefit from learning strategies to improve your relationship with your child?

Who's in Charge is a seven week program designed to support you with your child who currently exhibits violent behaviours.

The program aims to:

- Provide a safe and secure environment for you to share your experiences and ideas
- Reduce the guilt and shame you may feel
- Offer ideas to help you develop strategies for managing your child's behaviour
- Explore ways of increasing your safety and wellbeing
- Help you feel more in control, and less stressed

Date

Every Tuesday & Thursday

Attendance is required on both days

2nd June – 30th July

No groups during the school holidays

Time

10am-11am

Cost - Free

Venue

TRAINING ONLINE via Video Conferencing

****You will need access to a desktop computer, laptop or smartphone with webcam, microphone and internet connection.**

Contact

T 03 5990 8400

Group Workers

Bookings essential

Uniting