



## PARENTS BUILDING SOLUTIONS ONLINE!!

## For parents, step-parents, grandparents & carers of children aged 0-17 years.



- Are you feeling isolated at home parenting the kids?
- Are you wondering how to manage school work during changed circumstances?
- Would you like to be able to connect with other parents for support during this time?

Join us online with your mobile phone or computer to share experiences, ideas and learn strategies that work.

## Commencing:

**Monday 4th May** (7.00 - 8.30pm) for 6 weeks

**Tuesday 5th May** (9.30 - 11.00am) for 6 weeks.

Tuesday 5th May (7.00 - 8.30pm) for 6 weeks.

Wednesday 6th May (1.30-3.00pm) for 6 weeks.

**Thursday 7th May** (9.30 - 11.00am) for 6 weeks.

**Thursday 7th May** (7.00 - 8.30pm) for 6 weeks.

## Contact:

**Deb:** 0428 654 824

**Sandra:** 0447 500 355

**Jasbir:** 0431 203 177

Michelle: 0429 174 150

**Deb:** 0428 654 824

**Vanya:** 0429 454 693

\*If none of these days/times suit or you would like to explore a group specifically for fathers/carers/other, please contact us for general enquiries on 9781 6279.



PARENTZONE